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AN ROINN

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MÁNNYSTRIE O

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To: Principals and Heads of Pastoral Care
All Grant-aided Post Primary Schools

Rathgael House
43 Balloo Road
Bangor
BT19 7PR

31 August 2011

Dear Colleague

**PUPILS' EMOTIONAL HEALTH AND WELLBEING PROGRAMME
INFORMATION FOR PUPILS: REVISED MATERIALS**

I now attach the updated series of diary inserts on emotional health topics identified by young people as issues of concern. The revised materials are provided in a range of formats- diary insert, poster and leaflet – and it is hoped that this will assist you to use the topics in a variety of ways to ensure pupils have access to this information.

These materials will continue be updated on an annual basis and the feedback from a recent survey with schools has given suggestions for other topics. These suggestions and other comments made by schools on the Pupils' Emotional Health and Wellbeing materials will be considered by the Working Group responsible for taking this area of the Pupils' Emotional Health and Wellbeing Programme forward. The findings of the survey will be made available to you in September 2011.

The updated materials will allow schools to continue using the product within homework diaries for the 2012/13 academic year and the posters that are printable in A3 and A4 format and leaflets will also provide teachers with more scope to use them in the classroom to link to topics with non academic/curriculum matters affecting pupils. I also attach a Teachers' Resource that complements the topics covered. This resource gives useful websites to assist schools to access information on mental health and wellbeing and it may prove helpful to all teachers.

These materials are available in an Irish language version and other language versions can be made available on request. Should you have any queries about these inserts or wish to request another language version of the materials, please contact Jacinta Sloan, by email on jacinta.sloan@deni.gov.uk or alternatively by telephone on 0289 1279353.

Yours faithfully

Mary Potter
Pupil Support Unit



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